

EDITORIAL

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Our journal Cadernos ESP was born in 2005, with an Apgar of 10², with the mission of “publishing original scientific articles with research results relevant to Public Health of regional, national and international interest, with the aim of reducing health inequalities in Brazil”.

Her early childhood was fully developed; her adolescence was equally healthy. Now, in 2025, it is coming of age, celebrating its 20th anniversary with 42 editions published, because it has always been well looked after by its Editorial Board and the Managers of the Ceará School of Public Health (ESP-CE). And why was it named Cadernos ESP...?

ESP-CE was born in 1993, with international inspiration from the London School of Tropical Medicine and national inspiration from the School of Public Health at the University of São Paulo (USP) and the National School of Public Health (ENSP) - the Mother School. In those good times, our friend and colleague from the Pediatrics residency at the unforgettable Hospital dos Servidores do Estado do Rio de Janeiro, Professor Paulo Marchiori Buss, then Director of ENSP - Oswaldo Cruz Foundation, supported us in the idea of creating, together with Frederico Augusto de Lima e Silva - the first School of Public Health in the North and Northeast regions. He was also firm in signaling that, in order to gain a foothold in our country and not fall apart at the first storm, the School needed to have its own "roof".

Then, in February 1994, together with the dreamers and construction workers, we witnessed the laying of the foundation stone. On December 2 of the same year, ESP-CE emerged beautiful, elegant and strong, but simple like our people... with doors open to public health workers - and at that time, it didn't even have doors. It took nine months to build, the exact time of a gestation - with four auditoriums and six classrooms - in order to guarantee comfortable spaces for the teaching program planned for health managers and workers in the golden era of the implementation of the Unified Health System (SUS).

In 2003, after a very well-designed selection process by Professor Silvia Mamede's team - ESP Superintendent from 1995 to 2002 - we returned to ESP-CE, this time as Superintendent.

In 2005, with the effervescence of the production of our Specialists and Masters, we felt the need to publish the results of our research with national and international partnerships. In naming our journal, we were inspired by ENSP's Cadernos de Saúde Pública. But the name “Cadernos” also reminded us of Toquinho's beautiful music.

On the cover of Cadernos ESP, there is just a black and white photo of the front of our beautiful school, with the aim of standardizing it and promoting it more and more in Brazil and among our partners abroad: Italy - Istituto Superiore di Sanità; France - École de Santé Publique; Canada, the United Kingdom and Spain.

In issue number 1, from July 2005, we had the dedicated work of the then Director of ESP-CE, and scientific editor Erick Leite de Messias, currently Professor and Chair at Saint Louis University in the USA. Erick was our faithful squire in setting up ESP-CE's only PhD program, in partnership with USP's School

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² Apgar 10 — An expression borrowed from Pediatrics to indicate that a baby was born in perfect health. The Apgar score is an assessment made in the first minutes of a newborn's life, which analyzes signs such as heart rate, breathing, muscle tone, reflexes and skin color. The score ranges from 0 to 10, with 10 being the maximum, meaning a vigorous and healthy baby. This is also how our magazine was born: strong, well-structured and full of life.

of Public Health, with the aim of training doctors - teachers from ESP-CE, UECE and UFC. The program began in 2006 and was the first Inter-institutional Doctorate (Dinter) in Ceará.

In the editorial of the journal's first issue, Erick wrote: "Cadernos ESP is based on research ethics and the principles of democratic inclusion. We believe in science as a means of improving people's quality of life."

Among the consultants for the first edition of Cadernos ESP were Ceará professors-researchers Álvaro Madeiro Leite, Antônio Carlile Lavour, Jocileide Sales Campos, Dilson Holanda, Luciano Correia, Marcelo Gurgel and Ligia Kerr Pontes, as well as guests: César Victora, Heloísa Machado (UNESCO), Eurivaldo Almeida, Sandra Elero Grisi, Ana Cecília Sucupira (USP), Eugênio Vilaça (PAHO Brazil), Yehuda Benguigui (PAHO - USA) and Jarbas Barbosa (then at MS and now at PAHO - USA).

The first issue published an article by César Victora and Fernando Barros, researchers at UFPEL and the WHO: "The issue of Child Survival in the World and its Relevance for the Americas", a topic that is still relevant, even after twenty years. And looking to the present day: "Epidemiology of Alzheimer's Disease... Mechanisms and Intervention/Prevention" - Regina Shih, Tina Huang, Jane Saczynski.

Over these 20 years, Cadernos ESP has reached volume 18, in 2024, thanks to the commitment of the Scientific Editors and the School Superintendents who succeeded us.

Taking part in the 20th anniversary celebrations, at the invitation of Professor Luciano Pamplona and the editors of Cadernos ESP, an honor that makes us very happy, I echo the words of the poet, addressing all the teachers, researchers and students of ESP-Ceará:

"I just ask you, one favor if you can, don't forget me in some corner..."